



# WEEKLY BULLETIN

## HEADQUARTERS 18TH MEDICAL COMMAND

UNIT #15281  
APO AP 96205-0054



28 November 2003

NO. 46

SECTION I : OFFICIAL

EFFECTIVE 60 DAYS

This bulletin is published weekly on the last duty day. Items must be submitted IAW EAMC Reg 25-2 and received by the Secretary of the General Staff/Adjutant NLT Tuesday to be published in the same week's bulletin. Items for publication are limited to two weeks. (EAMC-SGS/736-7392/4)

1. 18<sup>TH</sup> MEDCOM SDO/SDNCO/DRIVER:

a. SDO/SDNCOs detailed for duty will telephonically confirm the duty with the SGS/ADJ office NLT 1000 on the day of the duty and will report for duty NLT 1530 to the SGS office for duty briefing. SDO/SDNCOs detailed for weekend/holiday duty will telephonically confirm the duty NLT 1000 on the last duty day preceding the duty and will report to SGS/ADJ office NLT 1530 on the last duty day preceding the weekend/holiday duty for duty briefing. Units are responsible for ensuring the duty drivers are present for duty NLT 1530 at the SGS office.

b. All new SDO/SDNCOs are required to perform 4 hours of training to gain experience prior to pulling their first duty. Units are responsible for coordinating training with the ADJ/SGS office. (EAMC-SGS/736-7392/4)

c. 18<sup>th</sup> MEDCOM SDO/SDNCO/DRIVER: Weekdays-1530-0730, Weekend/Holidays-0730-0730. (EAMC-SGS/736-7395)

DATE	SDO	SDNCO	DRIVER
21 November 2003	HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 18 <sup>th</sup> MEDCOM	16 <sup>th</sup> Medlog Bn (MSO)
*22 November 2003	16 <sup>th</sup> Medlog Bn (MSO)	16 <sup>th</sup> Medlog Bn (MSO)	HHC, 121 <sup>ST</sup> Gen Hosp
*23 November 2003	HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 121 <sup>ST</sup> Gen Hosp
24 November 2003	Dept of Nursing	HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 121 <sup>ST</sup> Gen Hosp
25 November 2003	Dept of Nursing	16 <sup>th</sup> Medlog Bn (MSO)	HHC, 121 <sup>ST</sup> Gen Hosp
26 November 2003	Dept of Nursing	168 <sup>th</sup> Med Bn (AS)	HHC, 18 <sup>th</sup> MEDCOM
*27 November 2003	HHC, 18 <sup>th</sup> MEDCOM	618 <sup>th</sup> Den Co (DS)	HHC, 18 <sup>th</sup> MEDCOM
*28 November 2003	HHD, 52 <sup>nd</sup> Med Bn (EB)	168 <sup>th</sup> Med Bn (AS)	HHC, 18 <sup>th</sup> MEDCOM
*29 November 2003	HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 18 <sup>th</sup> MEDCOM
*30 November 2003	HHC, 18 <sup>th</sup> MEDCOM	HHD, 52 <sup>nd</sup> Med Bn (EB)	135 <sup>th</sup> FST
1 December 2003	Dept of Nursing	HHC, 121 <sup>ST</sup> Gen Hosp	106 <sup>th</sup> Med Det (VS)
2 December 2003	Dept of Nursing	618 <sup>th</sup> Den Co (DS)	HHD, 52 <sup>nd</sup> Med Bn (EB)

2. INSTALLATION SDO/SDNCO/DRIVER: Weekdays, 1600-0800; Thursday, 1500-0800; Weekends/Holidays, 0800-0800. (EANC-SA-ASB/738-4711/5569)

DATE	SDO	SDNCO	DRIVER
26 November 2003		168 <sup>th</sup> Med Bn (AS)	168 <sup>th</sup> Med Bn (AS)
*29 November 2003		HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 121 <sup>ST</sup> Gen Hosp
*30 November 2003	HHC, 121 <sup>ST</sup> Gen Hosp		
11 December 2004	HHC, 121 <sup>ST</sup> Gen Hosp		
12 December 2004		618 <sup>th</sup> Den Co (DS)	618 <sup>th</sup> Den Co (DS)
18 December 2004		HHC, 121 <sup>ST</sup> Gen Hosp	HHC, 121 <sup>ST</sup> Gen Hosp

\* indicates weekend/holiday duty

3. **18TH MEDCOM WEEKLY BULLETIN:** *Remember we are no longer sending the Weekly Bulletin through distro only via email. Help count down on 18<sup>th</sup> MEDCOM Spam Mail – Prior planning is everything!* In efforts to conserve paper and better support an environmentally conscious organization, the 18TH MEDCOM Weekly Bulletin will no longer be submitted hardcopy through unit distribution from the Staff General Secretary (SGS) Office. Effective immediately the 18th MEDCOM Weekly Bulletin will be sent through electrons only.

### **PLAN AHEAD!**

Units, Committees and Departments the 18th MEDCOM Weekly Bulletin is an excellent forum to advertise upcoming events. Training and Community Events, Luncheons, Farewells and Promotions are just a few examples of information that can be published weekly to all 18th MEDCOM Units. In lieu of 18th MEDCOM All messages, utilize the 18th MEDCOM Weekly Bulletin for upcoming units events. Submit input NLT 1200hrs on Thursdays for Friday's edition to Ms. Jung Kim at Jung.Kim@Kor.amedd.army.mil . (EAMC-SGS/737-7426)

4. **FIELD SANITATION TEAM TRAINING COURSE:** The 5th Medical Detachment provides a 40-hour *Field Sanitation Team Training Course* on Yongsan Garrison each quarter. The maximum enrollment per company/unit is two. Seating is limited. Reserve your seats in advance by providing a memorandum with Name, Rank, DEROS, SSN and MOS of attending personnel to 5th Medical Detachment Unit 15247 APO AP 96205-5247 (Fax # 125-4920), no later than two weeks prior to the start of each course. Attending personnel should have more than since months time remaining in country upon completion of the course. Personnel should bring a one-quart canteen (with cup) and a copy of FM 4-25.12 (Filed Sanitation Team Training) to class. The POC is SPC Romalyn Hays at 725-492 or Romalyn.Hays@kor.amedd.army.mil.

**Course dates: 23-27 February 2004**

**Location: Yongsan, Main Post, Bldg 1666**

5. **121<sup>ST</sup> GEN HOSP DINING FACILITY SCHEDULE:** The attached next week menu is provided for your information. Thank you for using our dining facility. If you have any comment/suggestion to improve our services, please call me at 737-5523 or send me a email [hye.kim@kor.amedd.army.mil](mailto:hye.kim@kor.amedd.army.mil). See attached flyer. (EAMC-H-NC/737-5523)

### **Section II: UNOFFICIAL**


6. **NEW BOOKS:** The following new books were received by the United States Army Community Hospital-Seoul Library and are available to you. (EAMW-II-CRD-HL/737-7800)

<u>Call No.</u>	<u>Author</u>	<u>Title</u>
McN/F	Albom, Mitch	The Five People You Meet in heaven
McN/F	Burke, James Lee	Last Car to Elysian Fields
McN/F	Clark, Carol Higgins	Popped

<u>Call No.</u>	<u>Author</u>	<u>Title</u>
McN/F	Forsyth, Frederick	Avenger
McN/F	Herbert, Brian	The Machine Crusade
McN/F	O'Connell, Carol	Dead Famous
McN/F	Parker, Robert B.	Stone Cold
McN/814.54	Barry, Dave	Boogers are My Beat
McN/973.931	Ivins, Molly	Bushwhacked
McN/F	Baldacci, David	Split Second
McN/F	Greeley, Andrew M.	The Bishop Goes to the University
McN/F	Guterson, David	Our Lady of the Forest

FOR THE COMMANDER:

OFFICIAL:

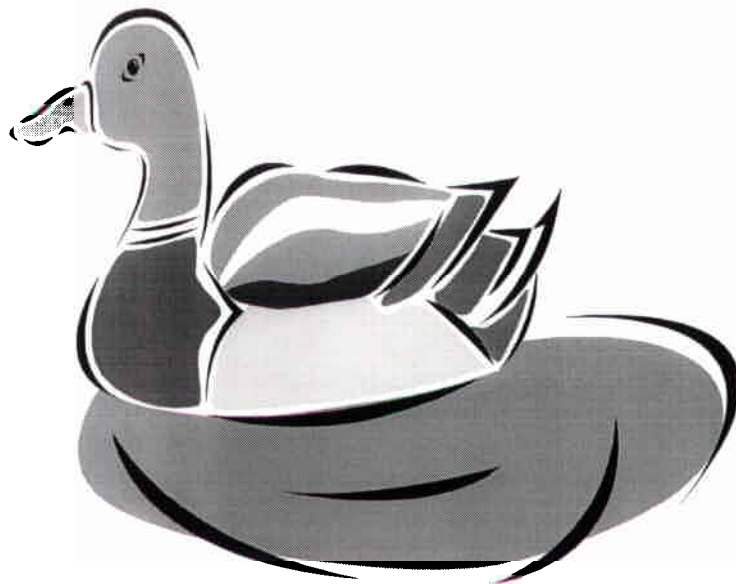
  
SEREKA L. BARLOW  
Captain, MS  
PAO/SGS/Adjutant

DOUGLAS HEWITT

Colonel, MS

Deputy Commander/Chief of Staff

DISTRIBUTION: A





# 121st General Hospital APO, AP 96205

Victor Yu, MAJ, SP, Chief, Department of Nutrition Care

Monday (Day 09) 12월 1, 2003	Tuesday (Day 10) 12월 2, 2003	Wednesday (Day 11) 12월 3, 2003	Thursday (Day 12) 12월 4, 2003	Friday (Day 13) 12월 5, 2003	Saturday (Day 14) 12월 6, 2003
<b>Omelet Bar</b> Bacon & Sausage Eggs: Boiled and Scrambled Hash Brown Patty Assorted Pastries & Bran Muffins French Toast / Pancakes Grits / Oatmeal Fresh Fruit Bar <b>Egg Beaters</b>	<b>Omelet Bar</b> Bacon & Ham Eggs: Boiled and Scrambled Hash Brown Patty Pastries & Bran Muffins French Toast / Pancakes Grits / Oatmeal Fresh Fruit Bar <b>Egg Beaters</b>	<b>Omelet Bar</b> Bacon & Sausage Eggs: Boiled and Scrambled Hash Brown, Fresh Assorted Pastries Coffee Cake French Toast / Pancakes Grits / Oatmeal Creamed Beef and Biscuits Fresh Fruit Bar <b>Egg Beaters</b>	Bacon & Ham Eggs: Boiled and Scrambled Hash Brown Patty Assorted Pastries Cinnamon Crumb Top Muffins French Toast / Pancakes Grits / Oatmeal Creamed Beef and Biscuits Fresh Fruit Bar <b>Egg Beaters</b>	<b>Omelet Bar</b> Bacon Eggs: Boiled and Scrambled Corned Beef Hash Hash Brown, Fresh Pastries & Banana Nut Bread French Toast / Pancakes Grits / Oatmeal Biscuits Breakfast Burritos Fresh Fruit Bar <b>Egg Beaters</b>	<b>Bacon</b> Sausages Eggs: Boiled and Scrambled Hash Brown Patty Pastries Waffles Grits / Oatmeal Fresh Fruit Bar <b>Egg Beaters</b>
<b>Form Chowder</b> Soy Bean Soup Lemon-Pepper Chicken Swedish Meatballs Bulgogi Buttered Noodles Rice Green Beans Carrots Macaroni Salad Cole Slaw Hot Rolls White Cake w/ Choc Cheese Cake Sandwich Bar <b>Specialty Item *</b> <b>Football Sandwich</b> <b>Hot Wings</b>	<b>Minestrone Soup</b> Radish Vegetable Soup Roast Turkey Baked Ham Bulgogi Candied Yams Cornbread Dressing Rice Corn Spinach Cucumber & Onion Salad Cole Slaw Cranberry Sauce Hot Rolls Apple Pie Strawberry/Pretzels Salad Sandwich Bar <b>*Specialty Item *</b> <b>Pastrami Sandwich</b>	<b>Cream of Broccoli Soup</b> Kimchi Soup Spaghetti w/ Alfredo Sauce Spaghetti w/ Marinara Sauce Spinach Lasagna Rice Rice Pilaf Green Peas w/ Mushroom Succotash Pasta Salad Cole Slaw Hot Rolls Garlic Bread Chocolate Cake Sandwich Bar	<b>Egg Drop Soup</b> Beef Noodle Soup Be-Bim Bob Teriyaki Chicken Bulgogi Rice Egg Noodles Vegetable Combo Peas & Carrots Potato Salad Cole Slaw Jello Pineapple Upside Down Cake Chocolate Chip Cookies Hot Rolls	<b>Chief Gumbo</b> Korean-Style Potato Soup Fried Chicken Fried Catfish Savory Baked Chicken Rice Macaroni and Cheese Black Eyed Peas Corn on the Cob Collard Greens Chicken Gravy Potato Salad Cole Slaw Cornbread Sweet Potato Pie Pecan Pie Sandwich Bar <b>*Specialty Item *</b> <b>Hot Dog w/ chili &amp; cheese</b> <b>Hot Wings</b>	<b>Hot Wings</b> Chili Mac Rice French Fries Broccoli Cauliflower Three Beans Salad Jello Brownies Carrot Cakes
<b>paghetti w/ Meat Sauce</b> <b>ishwich</b> <b>rench Fries</b> <b>ice</b> <b>rococoli</b> <b>om on the cob</b> <b>herry Pie</b>	<b>Veal Parmesan</b> <b>BBQ Pork Sandwich</b> <b>Rice</b> <b>Mashed Potatoes</b> <b>Peas &amp; Carrots</b> <b>Spinach</b> <b>Brownies</b>	<b>Hawaiian Style Roast Pork</b> <b>Chicken Sandwich</b> <b>Rice</b> <b>Onion Rings</b> <b>Corn</b> <b>Mixed Vegetables</b> <b>Sugar Cookies</b>	<b>Chicken Nuggets</b> <b>Pizza</b> <b>Rice</b> <b>French Fries</b> <b>Broccoli</b> <b>Carrots</b> <b>Peach Pie</b>	<b>Yakisoba</b> <b>BBQ Chicken Strips</b> <b>French Fries</b> <b>Rice</b> <b>Peas</b> <b>Succotash</b> <b>Oatmeal Raisin Cookies</b>	<b>Beef Ravioli</b> <b>Roast Beef</b> <b>Mashed Potatoes</b> <b>Rice</b> <b>Corn</b> <b>Green Beans</b> <b>Yellow Cake w/ White Ice</b>
<b>Breakfast: 0600-0900</b> <b>Breakfast: 0630-0800</b>	<b>Snack: 0900-1100</b>	<b>Lunch: 1100-1300</b> <b>Lunch: 1100-1300</b>	<b>Snack: 1300-1600</b>	<b>Dinner: 1600-1730</b> <b>Dinner: 1600-1730</b>	